

François MOLINARI

Born the 19th of June 1963 - 14 Rue des Chalatres - 44 000 NANTES - France -

First steps in the world of sailing in 1973..., as skipper of his « Optimist », during his first sailing courses in Beg-Meil, bay of Concarneau.

Many sailing courses on dinghies in the same place. Family sailing on « Ecume de Mer », « First 30 », then sailing instructor diploma at 17, at the municipal sailing center in Marseille.

From 15 to 30 years ;

- Summer job ; Sailing instructor in Marseille for all levels
- Sailing races on « Jouet 32 », « Jouet 37 », « Rivetto »...
- SNIM, (International Marseille Sailing Week) 5 to 10 times.
- Many winter trainings
- Offshore races in Mediterranean sea – « Croisière bleue », « Giraglia »
- Summer cruises on « First 345 » in Brittany, Bay of Biscay to Baiona (Spain)

From 30 to 57 years ;

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|---|-------------------|
| - 1994 – Les Açores-Vannes , First 405, (3 people without auto-pilot),
in assistance to the Mini 6.50 race Vannes-les Açores-Vannes | 1500 NM |
| - 2004 – Barquera race , Pornichet-Gijón-Pornichet, Swan 411 | 600 NM |
| - 2005 – Pornic-Baiona race , Swan 411 | 500 NM |
| - 2006 – South Brittany , Family Cruising week with children Dufour 34 | 250 NM |
| - 2008 – Barquera race , Pornichet-Aviles-Pornichet, Centurion 40 | 500 NM |
| - 2009 – Transat Antigua-Lorient , conveying Swan 65 Cassiopéïa | 3800 NM |
| - 2011 – La Ciotat-Barcelone , conveying Swan 65 Cassiopéïa | 200 NM |
| - 2013 – Barcelone – Les Baléares – Barcelone , Cruising Swan 65 Cassiopéïa | 200 NM |
| - 2013 – Alicante-Vannes , conveying Swan 65 Cassiopéïa | 1300 NM |
| - 2014 – Vannes-Cascais-Alicante , conveying Swan 65 Cassiopéïa | 1300 NM |
| - 2015 – Gênes-Lorient , conveying Proto 57 Gheo | 2000 NM |
| - 2018 – Cascais-La Trinité sur mer , conveying Proto 57 Gheo | 700 NM |
| - 2018 – Cherbourg-La Trinité sur mer , conveying Proto 57 Gheo | 300 NM |
| - 2018 – La Trinité – Yeu Island – La Trinité , Family Cruising Grand Surprise Sacripant | 200 NM |
| - 2019 – Transat Pointe à Pitre-La Trinité sur mer , conveying Proto 57 Gheo | 3800 NM |
| - 2019 – La Trinité – Yeu Island – La Trinité , Family Cruising Grand Surprise Sacripant | 200 NM |
| - 2020 – Transat Fort de France-La Trinité sur mer , conveying Swan 651 Futuro | 3800 NM |
| - 2021 – La Trinité-Barcelone , conveying Swan 651 Futuro | 1600 NM |
| - Since 20 years - « Spi Ouest France », La Trinité sur Mer ;
Bowman on IMX 38, IMX 40, Grand Surprise. | -----
22750 NM |

